# Everything I Really Needed To Know

I Learned In Kindergarten

By Robert Fulghum - from Chicken Soup for the Soul

Most of what I really need to know about how to live and what to do, I learned in *kindergarten*. Wisdom was not found in college, but in the *sandbox* at school.

These are the things I learned:

Share everything.

Play fair.

Do not hit people.

Put things back where you found them.

Clean up your own mess.

Don't take things that are not yours.

Say you are sorry when you hurt somebody.

Wash your hands before you eat.

Warm cookies and cold milk are good for you.

Live a balanced life.

Learn some, and think some, and

Draw, paint, sing, dance, play and work every day.

Take a nap every afternoon.

Watch for traffic. Hold hands and stick together.

Be aware of wonder.

Remember the little seed in the plastic cup. The roots go down and the plant goes up and nobody really knows how or why, but we are all like that. Goldfish and hamsters and white mice and even the little seed in the plastic cup - they all die. So do we.

And then remember the book\* and the first word you learned, the biggest word of all: “**Look”**. Think of what a better world it would be if we all could live and learn and play and work together.

(\**Dick and Jane* was a Reading Book used in America in the 1960’s)